

Iredell County Health Department Board of Health Minutes

Regular Meeting Special Meeting

April 13, 2017 - 7:00 p.m.
318 Turnersburg Hwy, Statesville, NC 28625

Members Present	Dr. Tiffany Bradford, Sylvia Chapman, Dr. Robert Monson, Candace Reeves and Jerry Turner
Members Absent	Commissioner Thomas Bowles, Dr. Tim Burgiss, Dr. Heather Day, Lance Desmarais, Ben Loftis, Lisa Warren
Staff Members Present	Jane Hinson, Health Director; Caroline Taylor, Assistant Finance Director; Brady Freeman, Environmental Health Director; Laurie Johnson, Public Information Officer; Susan Johnson, Director of Clinical Services; Norma Rife, Director of Public Health Development & Promotion; Megan Redford, Community Health Planner; Renee Holland, Executive Assistant
Others Present	Dr. Michael Kepley, Sandy Tabor-Gray, Colin Wilson

I. Call to Order, Invocation, and Introductions

Sylvia Chapman called the meeting to order at 7:00 PM and provided the invocation. She also noted that a quorum was not present and the items on our agenda for approval would be moved to the agenda for the next meeting in June 2017. Sylvia then proceeded to the introduction of our guests in attendance. Susan Johnson introduced Dr. Michael Kepley as a local Obstetrician and Gynecologist practicing in Statesville who also serves as our Medical Director for the Family Planning & STD Medical Director for approximately 15 years. He also serves as the back-up for Dr. Ralph Bentley as our general Medical Director as well. Next, Jane Hinson introduced Laurie Johnson, Iredell County Health Department Public Information Officer and her friend, Colin Wilson. Jane stated that Laurie was invited to video our guest speaker this evening.

II. Public Comment

Sylvia Chapman asked if there were any representatives in attendance for public comment. Seeing none present, it was noted there were no public comments.

III. Board Education (Attachment 1)

Jane Hinson, Health Director, introduced Sandy Tabor-Gray, who is a current officer of the Drug Abuse Free Iredell Coalition and works part-time with Iredell County Partnership for Success, which is a Substance Abuse Prevention grant for ages 12-25. Jane also informed that Ms. Tabor-Gray spoke at the recent Opioid Epidemic Summit held in February 2017 and due to her very impactful story, thought the Board would benefit from hearing about Ms. Tabor-Gray's journey related to substance use disorder. In addition, Jane also emphasized the importance of educating the Board and why it is so important that we as public health do all we can to assist with the substance use and overdose epidemic here in Iredell County. Ms. Tabor-Gray started with extending her appreciation to the Board for the invitation to attend and share her personal testimony. She also shared a few slides showcasing some photos of her family and her son who died due to an overdose in 2013 as a result of an opioid addiction. In closing, Ms. Tabor-Gray

extended the opportunity to share her story with others and offered her contact information for those who are interested in learning more about preventing overdoses due to substance abuse and the disease of addiction in an effort to prevent this from happening to someone else.

IV. Consent Agenda Items for Action (*Attachment 2 and Attachment 3*)

Sylvia Chapman informed the board members present that the consent agenda items for tonight's meeting would be moved to the June 8, 2017 Board of Health Meeting Agenda for action and approval since a quorum was not present this evening.

V. Items for Discussion and Action as Needed (*Attachments 4, 5, 6, 7, 8, 9, 10 and 11; Handouts A, B and C*)

a. SOTCH Report (*Attachment 4 – Megan Redford*)

Megan Redford presented the State of the County Health Report and informed that it was approved by the State in late March. She further explained that the State of the County Health Report focuses on changes related to the County's health data, our top health issues, and it also details work that has been accomplished during the last year to address these selected health priorities. She then pointed out some of the more important statistics highlighting on page 2, that the demographic data is almost identical to what we included in the 2015 Community Health Assessment. She then referred to the targeted community populations, stating that they dove deeper into the data and highlighted some of the most impacted vulnerable populations. On page 3, it is noted that Cancer, heart disease, and chronic lower respiratory disease are still the leading causes of death, and over half of all total deaths are related to preventable chronic conditions. Next, she highlighted on page 4, the rates for sexually transmitted diseases, stating these numbers have remained relatively stable over the past few years. She then referred to the Iredell County Infant death rate stating it is higher than that of NC. She also noted that the disparity rate among African American's remains substantial compared to that of their white and Hispanic counter-parts. She continued to report on the common risk factors and characteristics related to infant mortality referring to the chart (page 4) just below the infant death rate. She informed more than half of mothers are overweight or obese, nearly 30% aren't breastfeeding, and 14% of mothers have less than a high-school education.

Moving along to page 5, she discussed the selected Health Priorities and the Action Plan goals. She informed the action planning process took nearly 3 months to complete, and is a partnership and community input based process. She further emphasized that organizational partners and members of the community play an important role in the development of our action plans and continue to work with us during the 3 years of deployment and implementation. Megan then expressed that she was happy to tell the Board members that the action plans have been approved by the State and stated we are well on our way to fulfilling these plans.

Next, she highlighted things that have been accomplished during the last year such as addressing Chronic Disease prevention noting that the Iredell County Health Department has worked in partnership with Iredell Memorial Hospital to bring colorectal cancer awareness and education to the residents of Iredell County. She then informed that the Iredell County Health Department also worked with 10 other counties in the region on a Minority Diabetes Prevention Program and have screened more than 50 residents for pre-diabetes. She stated they hope to begin healthy lifestyle classes here in the next year.

Megan then referred to page 7, and shared the following efforts that have been made on the healthy eating and active living strategies. During the last year, our share the harvest program brought over 10,000 pounds of produce to three safety-net organizations in Iredell County. We also worked with the community garden at Grace Baptist Church to install a sign for their community garden to make

their site more visible within the community. We have also been working very hard to grow our Get Fit Iredell program, and now have over 500 members that participate in our various physical activity opportunities throughout the year. This year, we had a kickball and dodge ball tournament, a dance event, and we will be having an obstacle course 5K in May.

Next, referring to page 8, Megan highlighted the following accomplishments we have made in Risky Behavior Prevention. Our Health Educator has been working very hard to establish healthy living curriculum into the school system and various youth development centers. We partnered with the Boys & Girls club to deploy a summer substance use prevention program last year, and plan to expand that program and bring it back for a second year. Last March, we hosted a Tobacco Prevention Champion event where we brought nearly 50 individuals together that provided point of service care to expectant mothers and provided them with base-line tobacco-use prevention knowledge. Just this past February, we helped with the execution of the Iredell County Opioid Epidemic: Guidance for Healthcare Providers Event that brought over 125 individuals together to shed light on the growing opioid issue our county is facing.

Megan then informed another important part of the State of the County Health Report is to identify emerging issues our county is facing. As displayed in the data earlier, health disparities and infant mortality are a growing concern that we plan to focus on in the next year. Another growing threat is the ZIKA virus. While the virus didn't make its way to us last summer, there is a prediction that it could this year and we are working hard to educate and protect our community. She also reported on some of the new initiatives that we are excited about such as, the continuing growth of the Drug Abuse Free Iredell Coalition and our continued participation in the region-wide Minority Diabetes Program. During the next year, we definitely look forward to expanding our youth-based initiatives and reaching younger generations while they are still impressionable.

Megan asked if there were any questions with regard to our 2016 State of the County Health Report (SOTCH). There were no questions regarding the 2016 State of the County Health Report (SOTCH).

Norma Rife informed the Board Members that this document should be placed in Section P of their Board of Health Training Manuals.

b. County Health Rankings Report (Attachment 5 – Megan Redford)

Megan Redford presented and shared the 2017 County Health Rankings Report highlighting these rankings are a collaborative effort between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute and measure the health of nearly all counties in the nation and rank them within their state. She further stated these Rankings are compiled using county-level measures from a variety of national and state data sources. The data is then broken down by category, and are ranked against one another in 2 areas, Health Outcomes and Health Factors. This year Iredell County ranked 24th in Health outcomes and 18th in Health factors. In 2016 Iredell County ranked 22nd in Health Outcomes and 16th in Health Factors. These rankings are based on a number of categories, which are included below each ranking on the report labeled as Attachment 5.

Megan then asked if there were any questions regarding the 2017 County Health Rankings Report and also informed that this report should be placed in Section P of their Board of Health Training Manuals.

Jane Hinson reminded this is actually a national ranking and Megan informed that she is happy to provide the website link if anyone is interested in looking and comparing the data. Sylvia Chapman questioned the ranking for North Carolina as 97 for the Physical Environment. Megan explained this ranking is based on water quality and since North Carolina has an abundance of lakes, this contributes to the ranking placement.

c. Public Health Development & Promotion FY 16-17 Annual Report / Educational Newsletter & Customer/Partnership Satisfaction Survey (*Attachment 6 – Norma Rife*)

Norma Rife referred to the Newsletter labeled as Attachment 6 and briefly discussed the content of each topic outlined. She also reminded Board Members this information is a requirement for satisfying the Accreditation standards for **Benchmark Activity 27.1 B; 27.1 C**. She informed that this division is made up of two community transformation planners, an administrative assistant, a health education specialist and a director. She continued to explain that there are two sections within this division, Public Health Development and Health Promotion. She highlighted a few accomplishments for the division over the past year and explained that the purpose of the Public Health Development section is varied with the main purpose to find ways to continuously improve operational and organizational processes, practices, policies and the overall culture of the agency. She further explained the division also works with partners to infuse public health practices into their agencies and businesses as well as within the community. Norma stated, that as a team, the Health Promotion Section uses evidence-based strategies to create sustainable healthy changes that involve altering something in the environment or enhancing a process or policy to create behavioral changes and social norms. She also reported on a few of the accomplishments of the agency that include the Employee Satisfaction Survey, the development and deployment of the automated electronic Cultural Diversity & Competency and Non-Discrimination Employee Training, Healthy Carolinian's Taskforce Action Planning, Safe Driving Training, Strategic Planning Process for Drug Abuse Free Iredell and finally, the first Iredell County Leadership Team Strategic Planning process. Norma then referred to the Health Promotion Section and shared that one of the main core functions of this division is to provide residents with reliable health risk reduction materials. She further informed that Laurie Johnson is our content PIO and explained that she has worked to develop the printed products that have been handed out this evening to each of the members present. Next Norma shared that two advertisement Billboards were in the process of being placed, one on Highway 115 promoting *Share the Harvest*, and the other on Shelton Avenue near the old Train Depot Station promoting the services of our *Dental Clinic* (sample shown). In addition, Norma also commented on some of the outreach accomplishments that occurred during February 2016 – March 2017 which were also highlighted on page 4 of the newsletter. She also reported that over 17,000 individuals were reached in-person and approximately 76,630 individual documents were dispersed by hand. Lastly, she emphasized that this document also contains the 2016 Customer and Partnership Satisfaction Survey results. She noted that although the Public Health Development & Promotion division is relatively small in number; there were 20 partner survey respondents. All responses were favorable with overall satisfaction with programs and services increasing from the previous year's survey from 90% to 94%.

Norma then asked if there were any questions regarding the PHD&P FY16-17 Report or the Customer/Partnership Satisfaction Survey results. There were no questions regarding the PHD&P FY16-17 Report or the Customer/Partnership Satisfaction Survey results.

d. Semi-Annual Statistical Report (*Attachment 7, 8 & 9*)

1. Clinical Services Division (*Attachment 7 – Susan Johnson*)

Susan Johnson reported on the semi-annual statistical report for the Clinical Services Division and referred to the data/graph chart noting an up-and-down pattern from the January-June every year as well as the July-December numbers. Again, we are on a downward trend but there is a little bit of fluctuation in our programs. Susan then referred to the huge increase of number of contacts reported in the STD clinic. She stated that the Program Manager provided insight on the increase of contacts and informed that the clinic has been more accommodating with appointment

scheduling. As a result of this improvement and flexibility of scheduling, it has impacted and created an increase in the number of clients seen in the STD Clinic. Next, she reported on the Care Coordination and OB Case Management programs noting they are staying busy. She did point out that the number of TB cases was down. She further referred to the decrease in data on the Communicable Disease graph and expressed some concern with the numbers reported. She stated these numbers may be off due to the process in place for recording the data. She explained tickler sheets are used to document phone calls and as a result of this process, feels certain this has resulted in loss of data being reported. She then informed that numbers are down in Child Health, Dental Clinic and WIC. However, she did note that WIC numbers are down across the State. Lastly, she reported that 1,791 Flu Vaccines were administered in 2016.

Susan asked if there were any questions regarding the semi-annual statistical report. Sylvia Chapman questioned if transportation was ever a problem with client appointments or scheduling. Susan responded that certainly transportation can sometimes be a problem. However she explained that clients are able to access the community transportation service (I-Cats) and schedule a specific time but noted that the Health Department is on the loop for drop-off and pick-up four (4) times a day and stated this service is currently being monitored.

Dr. Monson questioned the total number of TB cases. Susan informed that in 2016 there were a total of four(4) and it had been as many as five(5) through January. She continued by stating this has been the highest number of active TB cases in her years of employment at the Health Department.

2. Communicable Disease (*Attachment 8 – Susan Johnson*)

Susan Johnson presented the Communicable Disease report and briefly provided a summary of the data highlighting the overall total for this year was 1187 in comparison of the previous year of 1102. She then referred to the number 061 on the chart which reflects streptococcal cases noting these are invasive cases of strep infection and these cases were identified in two different nursing home facilities.

Susan asked if there were any questions regarding the Communicable Disease Report. There were no questions regarding the data reported on the Communicable Disease Report.

3. Environmental Health Division (*Attachment 9 – Brady Freeman*)

Brady reported on the data for the Environmental Health Division Semi-Annual Statistical Report. First, he referred to the Existing Systems graph and reminded the Board members of the reason for the decrease in these visits is due to the fact that we no longer offer this service. He further informed that legislation has not yet been determined as to when performing site visits for existing systems will be mandated. Next, Brady noted a correction for the On-Site Water Protection Program. He stated the chart outlining the number of well permits issued did not include the data from July – December 2016. He reported the information for the total number of well permits issued in this time period was 193.

Brady then asked if there were any questions related to the Semi-Annual Statistical Report for the Environmental Health Division. Sylvia questioned current staffing and Brady informed that all interns are well on their way to obtaining required certifications for their respective program areas. Jane Hinson

informed that at a recent regional Health Directors meeting she attended, Union County reported a back log of four (4) months and she and Brady are happy to report the current backlog is six (6) days.

e. Financial Report (*Attachment 10 – February 2017; Handout A – March 2017 – Caroline Taylor*)

Caroline Taylor referred to the financial reports labeled as Attachment 10 and noted that Handout A is the financial report for March 2017. She stated that as of March 31, 2017, the Health Department revenues are at 62.7% and expenditures are at 65.3%.

Caroline then asked if there were any questions regarding either of these two reports. There were no questions regarding the financial report.

f. BOH By-Laws and Operating Procedures (*Attachment 11 - Draft for 2017-18 – Sylvia Chapman*)

Sylvia Chapman informed the Board that the “Draft” copy of the 2017-18 *By-Laws and Operating Procedures* were included in the packet for their review. She noted the recommended revisions to this document are highlighted in yellow and have been reviewed and approved by the County Attorney, Lisa Valdez.

Sylvia then asked the board members to please review this document and be prepared to discuss and approve at our next Board of Health meeting on June 8, 2017.

g. Health Director's Report (*Handout B – Jane Hinson*)

Jane Hinson discussed the following topics and referred to the handout (**B**) that each BOH member was given relating to topics referenced in the Health Director’s Report below:

Administration

- Employees of the Month: The February Employee of the Month was Dr. Robin Strickland-Dental Clinic. The March Employee of the Month was Joey Holshouser-IT.
- Leadership Development: Caroline Taylor was selected to participate in a Public Management Academy at UNC-Charlotte. This new program will consist of several days of training related to public management. Brady Freeman was selected to participate in the 2017 NC Public Health Leadership Academy. This year long academy is sponsored by NC-DPH, NC-PHA and the NC Institute for Public Health and consists of several days of training and individual/group projects. Megan Redford will be participating in the two day Iredell County Management Academy.
- Public Health Week: The Executive Leadership Team recognized staff with a pancake breakfast on April 5th in Mooresville and April 7th in Statesville for public health week.
- CureMD: We are on track to implement this new electronic medical record on July 1, 2017.
- County Wellness Initiative: Incentive 1: Employees meeting at least 3 out of 4 of the criteria listed in the box below receive a \$250 incentive

Risk Factor	Criteria for Additional Reward
Blood Pressure	<138/<86 mm/Hg
Cholesterol Ratio	<4.5
Blood Glucose	Fasting Glucose <100
Tobacco	Tobacco Free

Incentive 2: Employees meeting the waist circumference standard listed in the box below receive a \$250 incentive

Risk Factor	Criteria for Additional Reward
Waist Circumference	< 40” Male or < 35” Female

Employees meeting fewer than 4 of the criteria are required to meet with the Wellness

Nurse each quarter to receive the wellness discount on their health insurance premiums. Employees can meet criteria throughout the year and still receive incentive. The PHDP Division received a wellness grant for FitBits and the Executive Division wrote a grant for 20 free on-site yoga classes for staff.

Clinical Services

- **Program Audits:** Recently the Child Health, Sexually Transmitted Disease and Communicable Disease programs did excellent on their state audits.
- **STD Enhanced Role:** Kimberly Mayberry RN just received her STD Enhanced Role Training Certification.

PHDP

- **Provider Opioid Summit:** Over 120 physicians, nurses, pharmacists and other direct service providers attended this training on February 25, 2017 at the Langtree Plantation.
- **Dental Kits:** Dental marketing and oral health kits were given to DSS for distribution to Medicaid clients. The Partnership for Children and Families was also given kits to be distributed in child care centers to children ages 1 to 5.
- **Get Fit Iredell:** Will sponsor an Arbor Day Fun K run at the Statesville Soccer Complex on April 22nd.
- **Public Health Month:** Many outreach activities are planned for April to highlight our programs and services.

Drug Abuse Free Iredell

- Partners Behavioral Health Region: 2016 NC DETECT & NC CSRS Data

	Population	Medication & Drug Overdoses-ER	Prescriptions Written	Total Pills	Pills Per Resident
Burke	88,842	340	124,729	10,577,186	119.1
Catawba	155,056	663	194,636	14,691,587	94.9
Cleveland	96,879	428	128,082	9,475,439	97.8
Gaston	213,442	1262	275,817	20,049,253	93.9
Iredell	169,866	558	177,271	12,083,484	71.1
Lincoln	81,035	360	101,466	7,160,149	88.4
Surry	72,743	325	93,691	7,206,846	99.1
Yadkin	37,585	166	48,245	3,934,698	104.7

Environmental Health

- **Board of Commissioners Winter Retreat:** The Board of Commissioners approved the hiring of a new OSWP Environmental Health Specialist at that winter retreat. We are currently advertising for the position. They also approved the recommended Pit requirement that will be implemented effective July 1, 2017. A public notification plan is being developed.
- **Food Protection Program:** Hugh Smith and Loc Nguyen received their Food Protection authorization.
- **OSWP:** Ben Botkins, one of our 4 OSWP interns, has recently completed his on-site authorization.

Legislative Issues

- **HB 243/SB 175 (The STOP Act):** Mandates the use of the Controlled Substances Reporting System for prescribers and dispensers and allocates \$20 million over the next two years for

substance use treatment programs, including medication assisted treatment. The STOP Act also clarifies that public funding can be used to support syringe exchange programs. It also establishes maximum limits for initial prescriptions of schedule II through V controlled substances. It also requires veterinarians to participate in the controlled substances reporting system. This bill was re-referred to the Health Care Committee.

- SB 44(Rabies Control Law revision): This bill revises the current Rabies Control Laws to adopt the NASPHV Rabies Control Compendium as adopted by our Rabies Control BOH Rule last fall. The bill was re-referred to the Committee on Rules and Operations of the Senate.
- HB 435 (Raise Minimum Age to Access Tobacco Products): This bill would gradually raise the minimum age for persons not serving on active duty in the US Armed Forces from age 18 to age 21 for the purchase of tobacco products. There are several concerns with this bill: No funding has been appropriated for education or tobacco cessation and graduated implementation is confusing and will present challenges with implementation. Active duty military should not be exempted.
- SB 131 (Regulatory Reform Act of 2017): This bill provides that the local health department have exclusive authority for permitting and inspecting well plumbing and electrical systems to the storage tank. The health department will notify the appropriate building inspector of the issuance of the well permit. The building inspector may request the opportunity to inspect the activities authorized by the permit. The permit will include authorization for piping and electrical. The bill includes amended language for the NC State Building Code exempting private drinking water from a permit requirement if the work is performed by a certified contractor. This bill is on the Senate calendar for concurrence. It will then go to the Governor for signature if approved by Senate.
- NCDPH Update: The State Association is pushing for \$7.5 million to be allocated to local public health where each public health department would receive \$75,000 to use for communicable disease and preparedness activities.

h. Activity Summary (*Handout C – Jane Hinson*)

Jane Hinson provided a report on the data noted in the Activity Summary highlighting the following:

- Increase in immunizations from 138 to 187
- Increase in site visits in Environmental Health
- Increase of swimming pool permits
- A rise in the number mosquito complaints

Jane then asked if there were any questions with regard to the Activity Summary. There were no questions related to the Activity Summary Report.

VI. Other Discussion

Sylvia Chapman asked if there were any additional items for discussion. She then referred to Brady Freeman and asked if he could share or provide an update on the issues involving Love Valley. He reported that the State is now requiring monthly meetings with the Town of Love Valley to discuss the progress of the situation. Brady also informed that he will be on-site in Love Valley next week for two days collecting soil samples for testing.

VII. Adjournment

The meeting ended at 8:40pm. Due to there not being a quorum present, Sylvia Chapman informed there would be no motion to adjourn the meeting.

VIII. Reports

A. Health Director	<i>Handout B</i> – Health Director's Report presented by Jane Hinson in Section VII-G <i>Handout C</i> – Activities Summary presented by Jane Hinson in Section VII-H
B. Personnel	
C. Finance/Budget	<i>Attachment 10</i> – February 2017 Financial Report presented by Caroline Taylor in Section VII-E <i>Handout A</i> – March 2017 Financial Report presented by Caroline Taylor in Section VII-E
D. IT	
E. Clinical	<i>Attachment 3</i> – Additional Clinical Services Codes and Fees – <i>Consent Agenda</i> presented by Sylvia Chapman in Section V-C <i>Attachment 7</i> – Clinical Services Division Semi-Annual Statistical Report presented by Susan Johnson in Section VII-D <i>Attachment 8</i> – Communicable Disease Semi-Annual Statistical Report presented by Susan Johnson in Section VII-D
F. Environmental Health	<i>Attachment 9</i> – Environmental Health Division Semi-Annual Statistical Report presented by Brady Freeman in Section VII-D
G. Health Education	<i>Attachment 4</i> – SOTCH Report presented by Megan Redford in Section VII-A <i>Attachment 5</i> – County Health Rankings Report presented by Megan Redford in Section VII-B
H. Public Health Development & Promotion	<i>Attachment 6</i> – Public Health Development & Promotion FY16-17 Annual Report/Educational Newsletter & Customer/Partnership Satisfaction Survey presented by Norma Rife in Section VII-C
I. Management/Clinical Support	
J. Vital Records	
K. Board Education	<i>Attachment 1</i> – Volume 16, Issue 1; Winter 2016 Opioids Report ; Sandy Tabor-Gray, Member, Drug Abuse Free Iredell Coalition – Personal Testimony presented in Section IV
L. Other	<i>Attachment 2</i> – February 16, 2017 Minutes – <i>Consent Agenda</i> presented by Sylvia Chapman in Section V-B <i>Attachment 11</i> – BOH By-Laws and Operating Procedures (Draft for 2017-18) announced by Sylvia Chapman in Section VII-Section F

IX. Next Meeting Date

The next meeting will be June 8, 2017 at 7:00 p.m.

Respectfully submitted: _____, Secretary _____
Signature Date